

YumBox

meals from the Heart



POWIS

JAN 2025 (15 days)

YumBox provides:

1. Lunch Box with Name Tag
2. Fruits & Vegetables with each set meal
3. **Please provide own Cutlery.**
4. Special Dietary Meals are available upon request.
5. All meats are cut into bite size.
6. Boneless & Skinless Chicken White Meat is used unless otherwise indicated.
7. All meals are cooked using Pink Himalayan Salt & Sunflower cooking oil.
8. Please note that we reserve the right to change our daily

	JAN 6 - MON	JAN 7 - TUE	JAN 8 - WED	JAN 9 - THU	JAN 10 - FRI
INTERNATIONAL	CHEESY CHICKEN MINCE NACHOS 芝士鸡肉碎玉米片 	BEEF MINCE AGLIO OLIO 牛肉末蒜油	NUT FREE PESTO CHICKEN SPAGHETTI (contains basil, cheese & garlic) 无坚果香蒜酱鸡肉意大利面 (含有罗勒、奶酪和大蒜)	CRISPY CHICKEN SLICES, MARINARA PASTA 脆皮鸡片、海鲜意大利面 	CHICKEN SAUSAGE, GRAVY & FRIES 鸡肉香肠、肉汁和薯条 
ASIAN	TERIYAKI CHICKEN RICE 照烧鸡饭 	CHICKEN KATSU JAPANESE CURRY RICE 炸鸡排日式咖喱饭 	BRAISED CHICKEN & RICE 红烧鸡饭 	CHICKEN STEW & RICE 炖鸡饭 	NON SPICY MAPO TOFU RICE 不辣麻婆豆腐饭 
NOODLES / SANDWICH	CRISPY CHICKEN CHEESE SANDWICH & TORTILLA CHIPS 脆皮鸡肉奶酪三明治和薯条	TOMYAM NOODLES & TOMYAM CHICKEN CUBES 东炎面条和东炎鸡块	CHEESY CAJUN CHICKEN BURRITO WRAP (contains lots of vegetables) 芝士卡真鸡肉卷饼卷 (含有大量蔬菜)	BEEF MINCE STIR FRY NOODLES 牛肉碎炒面	NON SPICY TOMYAM BEEHOON & CHICKEN TENDERS 不辣东炎米粉和鸡柳
	JAN 13 - MON	JAN 14 - TUE	JAN 15 - WED	JAN 16 - THU	JAN 17 - FRI
INTERNATIONAL	CHICKEN & MUSHROOM MARINARA SPAGHETTI	BBQ CHICKEN CHEESY AGLIO OLIO 烧烤鸡芝士蒜油	PARMESAN CHICKEN BITES & BAKED PASTA 巴马干酪鸡肉块和烤意大利面 	GRILLED CHICKEN CACCIATORE MACARONI 烤鸡肉卡恰托雷通心粉 	CHICKEN SPAGHETTI BOLOGNESE 鸡肉意大利肉酱面
ASIAN	GARLIC FRIED RICE & CHICKEN KARAAGE 蒜蓉炒饭和鸡肉炸鸡块 	CHICKEN KATSU JAPANESE CURRY RICE 炸鸡排日式咖喱饭 	SWEET SOUR FISH & RICE 糖醋鱼饭	CHICKEN & BEANCURD SOY SAUCE RICE	NON SPICY TOMYAM FRIED RICE, CRISPY TOMYAM FISH 不辣东炎炒饭、脆皮鱼 
NOODLES / SANDWICH	CHICKEN & MUSHROOM MINCE STIR FRY RICE NOODLES 鸡肉蘑菇碎炒米粉	BREADED CHICKEN (no egg) & NOODLES 面包鸡 (不含鸡蛋) 和面条	EGG MAYO & CHEESE SANDWICH 蛋黄酱奶酪三明治	GRILLED CHICKEN RICE NOODLES 烤鸡米线 	CHEEZY SANDSAGES (HOMEMADE SAUSAGE SANDWICH) & TORTILLA CHIPS 奶酪三明治 (香肠三明治) 和薯条

	JAN 20 - MON	JAN 21 - TUE	JAN 22 - WED	JAN 23 - THU	JAN 24 - FRI
INTERNATIONAL	FISH & CHIPS 鱼片	CRISPY CHICKEN CHEESY AGLIO OLIO 脆皮鸡芝士蒜油	CHICKEN MINESTRONE SPAGHETTI (contains lots of vegetables) 鸡肉通心粉意大利面 (含有大量蔬	CHICKEN FAJITA SPAGHETTI (contains capsicum, onions, zucchini) 鸡肉法吉塔意大利面 (包含辣椒、洋葱	CHICKEN SPAGHETTI BOLOGNESE 鸡肉意大利肉酱面
ASIAN	NON SPICY CHICKEN TANDOORI & RICE 不辣鸡肉坦杜里和米饭	CHICKEN KATSU JAPANESE CURRY RICE 炸鸡排日式咖喱饭 	OYAKODON (Chicken & Egg Rice) OYAKODON (鸡肉鸡蛋饭)	SOY SAUCE CHICKEN RICE 酱油鸡饭 	CHICKEN POTATO CURRY RICE 鸡肉土豆咖喱饭
NOODLES / SANDWICH	CHICKEN SLICE & CHEESE SANDWICH 鸡肉片奶酪三明治	HOMEMADE HERBED SAUSAGE CHEESY TACO 自制香草香肠芝士炸玉米饼	MINI BANANA PANCAKES & HONEY	CRUNCHY TUNA & CHEESE SANDWICH 松脆金枪鱼奶酪三明治	CRISPY TOMYAM CHICKEN SANDWICH 脆皮东炎鸡肉三明治

To Order:

1. or your meal choice.
2. Send your orders via **WhatsApp 016 557 3039** or Email to yolanda7228@gmail.com
3. Please let us know of your child's food allergies (if

Cancellation/Meal Changes or Transfer Orders:

1. Please inform us 1 day ahead or **latest by 8am on the day itself.**
2. Please call 016 557 3039 directly to avoid oversight.
3. Any cancellations after 8am on the day itself, meals will

For Payment:

1. Preferably Online Transfer to Yolanda George, Account #: **706 5899 152 (CIMB)**
2. Please reflect your Child's Name & Class in the payment reference.
3. Orders will only be confirmed after receiving the payment slip via **WhatsApp 016 557 3039.**

RM14 x ____ (# Of Days) x ____ (# of Sets) = RM _____

Name of Student: _____ Class: _____

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Parents' Mobile: _____