



MARCH 2025



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		MONDAY			TUESDAY		WEDNESDAY										
		3-Mar-25	ΤV	DEG	4-Mar-25	TVDE	G 5-Mar-25	TVD	E G	6-Mar-25	TVDEG	7-Mar-25	TVDEG	8-Mar-25	TVDEG	9-Mar-25	TVDEG
TS1	<u></u>	SINGAPORE FRIED BEE HOON	•		CHICKEN PORRIDGE	•	EGG BURITO	• 🗸	•	MUESLI WITH FRUIT	• • • •	YEEFUMEE	•	AMERICAN BREAKFAST	•		
FAKEA		BAKED BEAN,FRENCH TOAST &HAM	•		AGLIO OLIO		PINEAPPLE FRIED RICE	•		TOMYAM MAGGIE		CREAMY HAM ORZO	•	(PANCAKE, SUNNY SIDE UP EGGS AND SAUSAGE)			
a	6																
	Z	CHICKEN CARBONARA	•		PERCH FILLET	• • •	MUSHROOM CHICKEN STEW	•		FRENCH CHICKEN BLANQUETTE	• •	FISH MARINARA	• • •	GRILLED HERB CHICKEN	• • •		
_	WESTERN	PASTA	• •	• • •	ROASTED HERB POTATO	• •	PILAF RICE	• , ,	,	SPAGHETTI WITH BUTTER	• , ,	PASTA	• , ,	PENNE ARRABIATA	• • • •		
	3	GARLIC BUTTER SPINACH	• •		HONEY GLAZED CARROT	• • •	✓ MIXED VEGETABLE	• •	• •	GREEN PEAS	• • • • •	FRESH GARDEN SALAD	• , , , ,	GARDEN VEGETABLES	• • • •		
		BLACK PEPPER FISH WITH CAPSICUM	•	•	CREAMY SALTED EGG CHICKEN	• •	FRIED FISH WITH GINGER	₹ •		GINGER FISH	•	BUTTER CHICKEN	•			SWEET & SOUR FISH	•
	ASIAN	STEAMED RICE	• •		STEAMED RICE	• • • •	FRIED NOODLES CHINESE STYLE	• •		STEAMED RICE	• • • •	STEAMED RICE	• • • •			STEAMED RICE	• • • •
HUN		LONG CABBAGE WITH CARROT	• •		MIXED VEGETABLE	• • • •	✓ CHAP CHAI VEGETABLE	• • •	• •	LONG BEAN WITH EGG	• • • •	SAUTEED KAILAN	• , , , ,			BRAISED SIEW POK CHOY	• , , , ,
	VEGETARIAN	VEGETARIAN FISH SAMBAL STEAMED RICE LONG CABBAGE WITH CARROT			KUNG PAO TOFU STEAMED RICE MIXED VEGETABLE	• • • • • • • • • • • • • • • • • • • •	VEGETARIAN SPRING ROLL FRIED NOODLES CHINESE STYLE ✓ CHAP CHAI VEGETABLE	• • •		VEGETARIAN MARINARA SAUCE PASTA FRESH GARDEN SALAD	• • • •	VEGETARIAN CHICKEN ROASTED PUMPKIN AND POTATO GREEN PEAS AND CARROT	• • • • • • • • • • • • • • • • • • • •				
	DESSERT	WATERMELON	•		POUND CAKE	•	ORANGE	•	, ,	CHOCOLATE ROLL	•	HONEYDEW	•	ORANGE	•	CHINESE PEAR	•
		GRILLED CHICKEN	•		MALACCA ASSAM FISH	• • •	✓ AYAM MASAK MERAH	•		BREADED FISH	• •	GINGER CHICKEN	• •	CREAMY POTATO SOUP GARLIC BREAD THAI FISH	•	CHICKEN SOUP CHICKEN CHOP BLACK	• .
		BBQ SAUCE	•	<i>,</i> , ,	MILD CHILLI BRINJAL	•	ACAR RAMPAI	•	,	TARTAR SAUCE	•	SWEET AND SOUR TOFU	• •	CORN RICE	• • • •	PEPPER SAUCE POTATO WEDGES	•
-			-			V V					•						
DINNER		SAUTEED POTATO	• •		BRAISED TOFU	• • •	TOMATO RICE	• • •	•	POTATO WEDGES	• , , , ,	KANGKUNG BELACAN	• •	VEGETABLE STIR FRIED	• , , , ,	TOMATO SALAD	• , , , ,
	5	GARDEN SALAD	• ,		WHITE RICE	• , , ,	FRUIT COMPOTE	• • •		COLESLAW	• , ,	STEAMED RICE	• • • •	EGG FOO YOUNG	• • • •		
		HONEY DEW	• ,		APPLE	• , , , ,	▶ BUTTER CAKE	•	,	BANANA	• , , ,	YOGURT	• •	WATERMELON	• • • • •	BROWNIE	• •
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Information & Privilege:
All the food served are Halal
Menu may change according to food supply seasons
Delischool Healthy Food Guidelines
No added salf in cooking. All our food is MSG (innonsoidum glutamate) free
We reduce saturated fat, the supar content and artificial coloring in our production
We bake, gift and steam rather than the stage of the stag

T: TRAFFIC LIGHT SYSTEM
V: VEGETARIAN
D: DAIRY FREE
E: EGG FREE
G: GLUTEN FREE



















MARCH 2025

	MONDAY TUESDAY WEDNESDAY					THURSDAY		FRIDAY SATURDAY SUNDAY						
	10-Mar-25													
KFAST	CHICKEN PORRIDGE	• • •	ENGLISH MUFFIN, BAKED BEAN,HAM	• •	KOEYTEOW SOUP	•		•	CHARHORFUN	• •	FRIED MEE HOON WITH EGG & TEA TARIK	• •		
BREA	MONTE CRISTO		MEE GORENG MAMAK		STIRFRY PASTA		EGG BURITTO		PANCAKE WITH HONEY					
2	OVEN BAKED FISH	• • •	CHICKEN MEATBALL TOMATO SAUCE	• •	OVEN BAKED FISH	•	BRAISED CHICKEN IN TOMATO SAUCE	• ,	FISH & CHIPS	• • •	GRILLED FISH WITH LEMON			
WESTERN	ROASTED POTATO WITH CARROT	• •	SPAGHETTI	• •	MASHED POTATO	• • •	FRENCH BAGUETTE	• • •	COLESLAW	• • • •	BUTTER RICE	• • •		
5	CAULIFLOWER AU GRATIN	• • •	GARDEN SALAD	•	FRENCH BEAN	•	 MIXED VEGETABLE 	• • • • •	✓ GARDEN SALAD	•	MIXED VEGETABLE	• , , , ,	1	
	CHICKEN KURMA	•	STEAMED FISH WITH SO'S SAUCE	′ • •	, SWEET AND SOUR CHICKEN	•	FISH CURRY	• •	HAINAN CHICKEN RICE	• • •			CHICKEN RENDANG	• •
ASIAN	GHEE RICE	• • • •	STEAMED RICE	• • • •	TOMATO RICE	• • • •	STEAMED RICE	• • • •					STEAMED RICE	• • • •
NCH	CABBAGE WITH CARROT	• , , , ,	SAUTEED EGGPLANT	•	SAUTEED BEAN SPROUT	• • • • •	CHOY TAM WITH OYSTER SAUCE	• • • • •	SALAD, TOMATO AND CUCUMBER	• • • • •			STIR FRIED LADY FINGER	• , , , ,
LL VEGETARIAN	TOFU SAMBAL GHEE RICE	• •	VEGETARIAN CHICKEN BOLOGNAISE SPAGHETTI	• •	VEGETARIAN SWEET ANI SOUR CHICKEN STEAMED RICE	• • •	VEGETARIAN PIZZA	• •	✓ VEGETARIAN FRIED RICE SALAD, TOMATO AND CUCUMBER	• • • •				
ě	CABBAGE WITH CARROT	• , , , ,	GARDEN SALAD	• , , , ,	SAUTEED BEAN SPROUT	• , , , ,	CAESAR SALAD	• •						
DESSERT	SLICED FRUITS	• • • • •	FRUIT SALAD	• • • • •	, APPLE	• • • • •	COOKIES	• • •	✓ WATERMELON	• • • • •	SLICED DRAGON FRUIT	• • • • •	HONEY DEW	• • • • •
	CHICKEN MARYLAND	•	KAM HEONG CHICKEN	•	BREADED FISH FILLET	• , ,	STIRFRY PENNE	• •	✓ LAMB CURRY WITH CARRO	т••	AYAM MASAK MERAH	•	HERB ROASTED FISH	•
	AGLIO OLIO PASTA	• , , , ,	APANESE TOFU EGG SAUG	Cl • 🗸	CHEEZY CREAMY SAUCE	• •	GRILLED CAJUN CHICKEN	۱ •	ALOO GOBI	• •	NASI TOMATO	• • • •	SPAGHETTI ALFREDO	• • • •
DINNER	BUTTER HERB CAULIFLOW	E • ✓ ✓ ✓	SAUTEED SPINACH	• , , , ,	ROASTED POTATO	• , , , ,	ZUCCHINI AU GRATIN	• •	TURMERIC CABBAGE	• •	ACAR RAMPAI	• • • • •	GRATED CARROT	• • • • •
	GARLIC BREAD	• • •	STEAMED RICE	• • • •	CARROT AND FRENCH BEA	AP • • 1A	BROWN SAUCE	• • • •	STEAMED RICE	• • • •	PAPADOM	• • •	GARLIC BREAD	• •
	WATERMELON	• , , , ,	ORANGE	• , , , ,		• •	HONEY DEW	• , , ,	CHEESE TART	• 0 0	BANANA	• , , , ,	MINI MUFFIN	• 5
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