



		MONDAY 3-Mar-25	T V D E G	TUESDAY 4-Mar-25	T V D E G	WEDNESDAY 5-Mar-25	T V D E G	THURSDAY 6-Mar-25	T V D E G	FRIDAY 7-Mar-25	T V D E G	SATURDAY 8-Mar-25	T V D E G	SUNDAY 9-Mar-25	T V D E G
BREAKFAST		SINGAPORE FRIED BEE HOON	●	CHICKEN PORRIDGE	●	EGG BURITO	● ✓ ✓	MUESLI WITH FRUIT	● ✓ ✓ ✓	YEEFUMEE	●	AMERICAN BREAKFAST (PANCAKE, SUNNY SIDE UP EGGS AND SAUSAGE)		●	
		BAKED BEAN, FRENCH TOAST & HAM	●	AGLIO OLIO		PINEAPPLE FRIED RICE	●	TOMYAM MAGGIE		CREAMY HAM ORZO	●				
WESTERN		CHICKEN CARBONARA	●	PERCH FILLET	● ✓ ✓	MUSHROOM CHICKEN STEW	●	FRENCH CHICKEN BLANQUETTE	● ✓	FISH MARINARA	● ✓ ✓	GRILLED HERB CHICKEN		● ✓ ✓	
		PASTA	● ✓ ✓ ✓	ROASTED HERB POTATO	● ✓	PILAF RICE	● ✓ ✓ ✓	SPAGHETTI WITH BUTTER	● ✓ ✓	PASTA	● ✓ ✓	PENNE ARRABIATA		● ✓ ✓ ✓	
		GARLIC BUTTER SPINACH	● ✓ ✓ ✓	HONEY GLAZED CARROT	● ✓ ✓ ✓	MIXED VEGETABLE	● ✓ ✓ ✓	GREEN PEAS	● ✓ ✓ ✓	FRESH GARDEN SALAD	● ✓ ✓ ✓	GARDEN VEGETABLES		● ✓ ✓ ✓	
ASIAN		BLACK PEPPER FISH WITH CAPSICUM	● ✓	CREAMY SALTED EGG CHICKEN	● ✓	FRIED FISH WITH GINGER	●	GINGER FISH	●	BUTTER CHICKEN	●	SWEET & SOUR FISH		●	
		STEAMED RICE	● ✓ ✓ ✓	STEAMED RICE	● ✓ ✓ ✓	FRIED NOODLES CHINESE STYLE	● ✓	STEAMED RICE	● ✓ ✓ ✓	STEAMED RICE	● ✓ ✓ ✓	STEAMED RICE		● ✓ ✓ ✓	
		LONG CABBAGE WITH CARROT	● ✓ ✓ ✓ ✓	MIXED VEGETABLE	● ✓ ✓ ✓ ✓	CHAP CHAI VEGETABLE	● ✓ ✓ ✓ ✓	LONG BEAN WITH EGG	● ✓ ✓ ✓ ✓	SAUTEED KAILAN	● ✓ ✓ ✓ ✓	BRAISED SIEW POK CHOY		● ✓ ✓ ✓ ✓	
VEGETARIAN		VEGETARIAN FISH SAMBAL	● ✓	KUNG PAO TOFU	● ✓	VEGETARIAN SPRING ROLL	● ✓	VEGETARIAN MARINARA SAUCE	● ✓ ✓ ✓	VEGETARIAN CHICKEN	● ✓				
		STEAMED RICE	● ✓ ✓ ✓	STEAMED RICE	● ✓ ✓ ✓	FRIED NOODLES CHINESE STYLE	● ✓ ✓	PASTA	● ✓ ✓ ✓	ROASTED PUMPKIN AND POTATO	● ✓ ✓ ✓ ✓				
		LONG CABBAGE WITH CARROT	● ✓ ✓ ✓ ✓	MIXED VEGETABLE	● ✓ ✓ ✓ ✓	CHAP CHAI VEGETABLE	● ✓ ✓ ✓ ✓	FRESH GARDEN SALAD	● ✓ ✓ ✓ ✓	GREEN PEAS AND CARROT	● ✓ ✓ ✓ ✓				
DESSERT		WATERMELON	● ✓ ✓ ✓ ✓	POUND CAKE	● ✓	ORANGE	● ✓ ✓ ✓ ✓	CHOCOLATE ROLL	● ✓	HONEYDEW	● ✓ ✓ ✓ ✓	ORANGE	● ✓ ✓ ✓ ✓	CHINESE PEAR	● ✓ ✓ ✓ ✓
DINNER		GRILLED CHICKEN	● ✓ ✓ ✓ ✓	MALACCA ASSAM FISH	● ✓ ✓ ✓ ✓	AYAM MASAK MERAH	● ✓ ✓ ✓ ✓	BREADED FISH	● ✓ ✓ ✓	GINGER CHICKEN	● ✓ ✓ ✓	CREAMY POTATO SOUP		CHICKEN SOUP	● ✓ ✓ ✓ ✓
		BBQ SAUCE	●	MILD CHILLI BRINJAL	● ✓ ✓	ACAR RAMPAI	● ✓ ✓ ✓ ✓	TARTAR SAUCE	● ✓	SWEET AND SOUR TOFU	● ✓ ✓	THAI FISH	● ✓ ✓ ✓	CHICKEN CHOP BLACK PEPPER SAUCE	● ✓ ✓ ✓ ✓
		SAUTEED POTATO	● ✓ ✓ ✓ ✓	BRAISED TOFU	● ✓ ✓ ✓	TOMATO RICE	● ✓ ✓ ✓ ✓	POTATO WEDGES	● ✓ ✓ ✓ ✓	KANGKUNG BELACAN	● ✓ ✓	CORN RICE	● ✓ ✓ ✓ ✓	POTATO WEDGES	● ✓ ✓ ✓ ✓
		GARDEN SALAD	● ✓ ✓ ✓ ✓	WHITE RICE	● ✓ ✓ ✓ ✓	FRUIT COMPOTE	● ✓ ✓ ✓	COLESLAW	● ✓ ✓ ✓	STEAMED RICE	● ✓ ✓ ✓ ✓	VEGETABLE STIR FRIED	● ✓ ✓ ✓ ✓	TOMATO SALAD	● ✓ ✓ ✓ ✓
		HONEY DEW	● ✓ ✓ ✓ ✓	APPLE	● ✓ ✓ ✓ ✓	BUTTER CAKE	● ✓ ✓	BANANA	● ✓ ✓ ✓	YOGURT	● ✓ ✓	EGG FOO YOUNG	● ✓ ✓ ✓ ✓	BROWNIF	● ✓ ✓

Information & Privilege:
 All the food served are Halal
 Menu may change according to food supply seasons
 Delicious Healthy Food Guidelines
 No added salt in cooking. All our food is MSG (monosodium glutamate) free
 We reduce saturated fat, the sugar content and artificial coloring in our production
 We bake, grill and steam rather than fry
 Guaranteed nut-free and Glutenate and Ajinomoto free

T: TRAFFIC LIGHT SYSTEM
 V: VEGETARIAN
 D: DAIRY FREE
 E: EGG FREE
 G: GLUTEN FREE

GREEN
BEST CHOICE

AMBER
CHOOSE CAREFULLY

RED
LIMIT CONSUMPTION





MARCH 2025



		MONDAY 10-Mar-25					TUESDAY 11-Mar-25					WEDNESDAY 12-Mar-25					THURSDAY 13-Mar-25					FRIDAY 14-Mar-25					SATURDAY 15-Mar-25					SUNDAY 16-Mar-25				
		T	V	D	E	G	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G
BREAKFAST	CHICKEN PORRIDGE	●	✓	✓				●	✓					●					●					●	✓			●	✓				●	✓		
	MONTE CRISTO																																			
WESTERN	OVEN BAKED FISH		●	✓	✓			●		✓	✓			●					●		✓		●	✓	✓			●	✓				●	✓		
	ROASTED POTATO WITH CARROT		●	✓					●	✓	✓		●	✓	✓			●	✓	✓			●	✓	✓			●	✓	✓			●	✓		
	CAULIFLOWER AU GRATIN		●	✓		✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓
ASIAN	CHICKEN KURMA		●					●			✓		●					●		✓			●		✓	✓		●		✓	✓		●		✓	
	GHEE RICE		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓
	CABBAGE WITH CARROT		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓
VEGETARIAN	TOFU SAMBAL		●	✓				●	✓				●	✓				●	✓		✓		●	✓		✓		●	✓		✓		●	✓		✓
	GHEE RICE		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓
	CABBAGE WITH CARROT		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓
DESSERT	SLICED FRUITS		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓
DINNER	CHICKEN MARYLAND		●			✓		●					●		✓	✓		●		✓	✓		●		✓	✓		●		✓	✓		●		✓	✓
	AGLIO OLIO PASTA		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓
	BUTTER HERB CAULIFLOWE		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓
	GARLIC BREAD		●	✓		✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓
	WATERMELON		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓		●	✓	✓	✓

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