



		PH HARI RAYA 31-Mar-25	T	V	D	E	G	TUESDAY 1-Apr-25	T	V	D	E	G	WEDNESDAY 2-Apr-25	T	V	D	E	G	THURSDAY 3-Apr-25	T	V	D	E	G	FRIDAY 4-Apr-25	T	V	D	E	G	SATURDAY 5-Apr-25	T	V	D	E	G	SUNDAY 6-Apr-25	T	V	D	E	G
BREAKFAST	WESTERN	GRILLED CHICKEN SLICE & CHEESE BREAKFAST BUN	●				✓							PANCAKE & HONEY	●					SLICE TURKEY HAM BAKED BEAN OMELETTE	●	✓	✓			BAKED CHICKEN NUGGET SUNNY SIDE UP	●	✓	✓			SCRAMBLE EGG, FRENCH TOAST & CHEESE	●										
								KAMPUNG FRIED RICE WITH EGG	●						SINGAPORE FRIED BEEHOON	●	✓				MEE CURRY WITH CONDIMENT	●	✓	✓			ROTI CANAI WITH POTATO CURRY	●	✓														
LUNCH	ASIAN	CHICKEN MARYLAND	●											BEEF BOLOGNESE	●					CHICKEN WITH CHEEZY SAUCE	●					FISH FINGER	●					CHICKEN FAJITAS	●										
		GRATIN POTATO	●											GARLIC PARSLEY SPAGHETTI	●					PILAF RICE	●	✓				BAKED MAC & CHEESE	●	✓	✓	✓		TOMATO SALSA	●	✓	✓	✓							
LUNCH	VEGETARIAN	CAESAR SALAD	●	✓										MIXED GARDEN SALAD	●	✓	✓	✓		GARLIC BROCCOLI	●	✓		✓		MIXED SALAD	●	✓	✓	✓		POTATO SALAD	●	✓	✓	✓							
								THAI MANGO CRISPY CHICKEN	●		✓				MILD FISH MASALA	●					PADPRIK SEAFOOD	●					AYAM SAMBAL HITAM MANIS	●					FISH CURRY WITH LADYFINGER	●									
LUNCH	DESSERT							WHITE RICE	●	✓	✓	✓		GHEE RICE	●	✓				WHITE RICE	●	✓	✓	✓		STEAMED	●	✓	✓	✓		WHITE RICE	●	✓	✓	✓							
								STIR FRY THAI MIXED VEGETABLE	●	✓	✓	✓	✓		PINEAPPLE CUCUMBER PICKLE	●	✓	✓	✓		SAUTEED SIEW PAK CHOY	●	✓	✓			MIXED VEGETABLE & MUSHROOM	●	✓	✓	✓		TURMERIC CABBAGE	●	✓	✓	✓	✓					
DINNER	DESSERT	VEGGIE CHICKEN MARYLAND	●	✓	✓			VEGGIE THAI MANGO CRISPY CHICKEN	●	✓	✓			VEGGIE BEEF BOLOGNESE	●	✓				VEGGIE PADPRIK SEAFOOD	●	✓				VEGGIE FISH FINGER	●	✓				VEGETARIAN CHICKEN TOM YAM	●	✓	✓	✓		VEGGIE CHICKEN CARBONARA	●	✓			
		BUTTER SPAGHETTI	●	✓	✓	✓		VEGETARIAN FRIED MEE	●	✓	✓	✓		GARLIC PARSLEY SPAGHETTI	●	✓				WHITE RICE	●	✓	✓	✓		BAKED MAC & CHEESE	●	✓	✓	✓		STEAMED GLASS NOODLES	●	✓				BUTTER SPAGHETTI	●	✓	✓	✓	
DINNER	DESSERT	VEGETARIAN CAESAR SALAD	●	✓	✓	✓		STIR FRY THAI MIXED VEGETABLE	●	✓	✓	✓		MIXED GARDEN SALAD	●	✓	✓	✓		SAUTEED SIEW PAK CHOY	●	✓	✓	✓		MIXED SALAD	●	✓	✓	✓		POTATO WEDGES	●	✓	✓			GARDEN SALAD	●	✓	✓	✓	
DINNER	DESSERT	WATERMELON	●	✓	✓	✓	✓	BUTTER CAKE	●	✓				ORANGE	●	✓	✓	✓	✓	BANANA	●	✓				HONEYDEW	●	✓	✓	✓	✓	ORANGE	●	✓	✓	✓	✓	BREAD BUTTER PUDDING	●	✓	✓	✓	✓

DINNER	DESSERT	FISH CURRY MASALA	●	✓	✓			BLACK PEPPER LAMB STEW	●					CRISPY SESAME FISH FILLET	●	✓	✓			BLACK PEPPER CHICKEN WITH SPRING ONION	●					CHICKEN CORDON BLEU	●	✓				STEAMED FISH FILLET	●	✓				BLACK PEPPER CHICKEN CHOP	●	✓			
		STEAMED RICE	●	✓	✓			BAKED POTATO	●	✓	✓			BRAISED CABBAGE WITH GOJI BERRY	●	✓	✓	✓			MASHED POTATO	●	✓					CORN RICE	●	✓	✓	✓		OVEN BAKED POTATO	●	✓	✓						
DINNER	DESSERT	STIR FRY CABBAGE	●	✓	✓	✓		HONEY GLAZE CARROT	●	✓	✓			WHITE RICE	●	✓	✓	✓			BRAISED SIEW PAK CHOY	●	✓	✓	✓							STIR FRIED CHOI TAM	●	✓	✓	✓		MIX SALAD	●	✓	✓	✓	
		PAPADAM	●	✓	✓	✓								FRIED EGGS	●	✓	✓	✓			WHITE RICE	●	✓	✓	✓		SAUTEED FRENCH BEAN & CARROT	●	✓	✓	✓		EGG FOO YOUNG	●	✓	✓			MUSHROOM SOUP	●	✓	✓	
DINNER	DESSERT	HONEY DEW	●	✓	✓	✓	✓	APPLE	●	✓	✓	✓	✓	WATERMELON	●	✓				MUFFIN	●	✓	✓	✓	✓		BANANA CAKE	●	✓	✓	✓	✓	WATERMELON	●	✓	✓	✓	✓	BUTTER CAKE	●	✓	✓	

Information & Privilege:
 All the food served are Halal
 Menu may change according to food supply seasons
 Delischool Healthy Food Guidelines
 No added salt in cooking. All our food is MSG (monosodium glutamate) free
 We reduce saturated fat, the sugar content and artificial colouring in our production

We bake, grill and steam rather than fry
 Guaranteed nut-free and Glutenate and AInomoto free

T: TRAFFIC LIGHT SYSTEM
 V: VEGETARIAN
 D: DAIRY FREE
 E: EGG FREE

G: GLUTEN FREE





APRIL 2025



		MONDAY 7-Apr-25	T V D E G	TUESDAY 8-Apr-25	T V D E G	WEDNESDAY 9-Apr-25	T V D E G	THURSDAY 10-Apr-25	T V D E G	FRIDAY 11-Apr-25	T V D E G	SATURDAY 12-Apr-25	T V D E G	SUNDAY 13-Apr-25	T V D E G
BREAKFAST	WESTERN	SCRAMBLE EGG, ENGLISH MUFFIN	●	GRILLED SAUSAGE OMELETTE	● ✓	PAN CAKE WITH HONEY	●	FRENCH TOAST BAKED BEAN	●	FRIED EGG & CHEESE ENGLISH MUFFIN	● ✓	LONTONG WITH CONDIMENT	●		
	ASIAN	BEEHOON GORENG	● ✓	CANTONESE KWAY TEOW	●	YOUNG CHOW FRIED RICE	●	CHICKEN PORRIDGE	● ✓	TOM YAM NOODLES SOUP WITH CONDIMENT	● ✓				
LUNCH	WESTERN	FISH CANNELLONI	●	ROSEMARY CHICKEN & MUSHROOM SAUCE	● ✓	FISH MARINARA	●	KOREAN FOOD PROMOTION	●	FISH KEBAB	●	CHICKEN MEATBALL IN TOMATO SAUCE	●		
	ASIAN	POTATO WEDGES	● ✓	PILAF RICE	● ✓	BUTTER HERB PENNE	● ✓ ✓	JAPCHAE DAKGALBI KIMCHI	● ✓ ✓ ✓ ✓	PITA BREAD	● ✓	SPIRAL ARRABIATA	● ✓ ✓		
	VEGETARIAN	GARDEN SALAD	● ✓ ✓	CARROT VINCHY	● ✓ ✓ ✓	TUNA SALAD	● ✓ ✓ ✓ ✓		GARDEN SALAD	● ✓ ✓ ✓ ✓	CAESAR SALAD	● ✓ ✓ ✓ ✓			
DESSERT	WESTERN	AYAM MASAK MERAH	●	ASAM PEDAS IKAN	● ✓ ✓	BLACK PEPPER CHICKEN WITH SPRING ONION	●	BEEF BULGOGI STEAMED RICE SUNDUBU JJIGAE	● ✓	HAINANESE CHICKEN RICE	● ✓ ✓			CHICKEN TANDOORI	● ✓
	ASIAN	NASI TOMATO	● ✓ ✓ ✓	STEMED RICE	● ✓ ✓ ✓	FRIED KUAW TEOW	● ✓ ✓ ✓			WITH SALAD, TOMATO AND CUCUMBER	● ✓ ✓ ✓ ✓			WHITE RICE	● ✓ ✓ ✓
	VEGETARIAN	ACAR RAMPAI	● ✓ ✓ ✓	TERUNG SAMBALADO	● ✓ ✓ ✓ ✓	BRAISED SIEW PAK CHOI	● ✓ ✓ ✓ ✓							STIR FRY TURMERIC CABBAGE	● ✓ ✓ ✓
DINNER	WESTERN	VEGE CHICKEN MASAK MERAH	●	VEGGIE CHICKEN WITH MUSHROOM SAUCE	● ✓	VEGGIE BLACK PEPPER CHICKEN	●	BIBIMBAP KOREAN GREEN SALAD	● ✓ ✓ ✓	VEGGIE FISH KEBAB	● ✓ ✓	BLACK PEPPER VEGGIE CHICKEN	● ✓ ✓	VEGGIE HONEY CHICKEN	● ✓ ✓
	ASIAN	NASI TOMATO	● ✓ ✓ ✓	PILAF RICE	● ✓	FRIED KUAW TEOW	● ✓ ✓ ✓			PITA BREAD	● ✓ ✓ ✓ ✓	STEAMED RICE	● ✓ ✓	WHITE RICE	● ✓ ✓ ✓
	VEGETARIAN	ACAR RAMPAI	● ✓ ✓ ✓	CARROT VINCHY	● ✓ ✓ ✓	BRAISED SIEW PAK CHOI	● ✓ ✓ ✓			GARDEN SALAD	● ✓ ✓ ✓	MIXED VEGETABLE	● ✓ ✓ ✓ ✓	MIXED VEGETABLE WITH MUSHROOM	● ✓ ✓ ✓
DINNER	WESTERN	BREAD BUTTER PUDDING	● ✓ ✓ ✓ ✓	FRUIT SALAD	● ✓ ✓ ✓ ✓	ORANGE	● ✓ ✓ ✓ ✓	WATERMELON	● ✓ ✓	MUFFIN	● ✓ ✓ ✓ ✓	BANANA	● ✓ ✓ ✓ ✓	JELLY PUDDING	● ✓ ✓ ✓ ✓
	ASIAN	CHICKEN PUTTANESCA	●	SEAFOOD TOMYAM	● ✓	GRILLED FISH FILLET	● ✓	ROASTED CAJUN CHICKEN	● ✓	BEEF GOULASH STEW	● ✓	CHICKEN MASSALA	● ✓	FRIED CRISPY FISH WITH SALSA	● ✓
	VEGETARIAN	GARLIC BUTTER SPIRAL	● ✓	OMMELETE	● ✓	LEMON BUTTER SAUCE	● ✓	PENNE ARABIATA	● ✓			BIRYANI RICE	● ✓ ✓ ✓	AGLIO ALIO SPAGHETTI	● ✓ ✓ ✓
	ASIAN	RATATOUILLE	● ✓ ✓ ✓	STIR FRY LONG BEAN	● ✓ ✓ ✓	PILAF RICE	● ✓ ✓	CAULIFLOWER AU GRATIN	● ✓ ✓	MASHED POTATO	● ✓	DHALL CURRY	● ✓ ✓ ✓	TUNA SALAD	● ✓ ✓ ✓ ✓
	VEGETARIAN	GARLIC BREAD	● ✓ ✓	WHITE RICE	● ✓ ✓ ✓	SAUTEED FRENCH BEAN	● ✓ ✓ ✓	BROCOLLI SOUP	● ✓ ✓	CEASER SALAD	● ✓ ✓ ✓	PAPADOM	● ✓ ✓ ✓	GARLIC BREAD	● ✓ ✓
ASIAN	WATERMELON	● ✓ ✓ ✓ ✓	BUTTER CAKE	● ✓ ✓ ✓ ✓	BANANA CAKE	● ✓	HONEY DEW	● ✓ ✓ ✓ ✓	BANANA	● ✓ ✓ ✓ ✓	IFILY PUDDING	● ✓ ✓ ✓ ✓	MINI MUFFIN	● ✓	

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GREEN

BEST CHOICE

AMBER

CHOOSE CAREFULLY

RED

LIMIT CONSUMPTION

