

POWIIS

NOV/DEC 2024

(Nov: 20 days & Dec: 10 days)

YumBox provides:

- 1. Lunch Box with Name Tag
- 2. Fruits & Vegetables with each set meal
- 3. Please provide own Cutlery.
- 4. Special Dietery Meals are available upon request.
- 5. All meats are cut into bite size.
- 6. Boneless & Skinless Chicken White Meat is used unless otherwise indicated.
- 7. All meals are cooked using Pink Himalayan Salt & Sunflower cooking oil.
- 8. Please note that we reserve the right to change our daily dishes due to the availability of fresh ingredients

	NOV 4 - MON	NOV 5 - TUE	NOV 6 - WED	NOV 7 - THU	NOV 8 - FRI
INTERNATIONAL	CRISPY CHICKEN SLICES CARBONARA MACARONI 脆皮鸡肉火腿培根通心粉	GRILLED CHICKEN CACCIATORE MACARONI 烤鸡肉卡恰托雷通心粉	PERCH FISH & CHIPS 鲈鱼炸鱼薯条	CHICKEN PARMAGIANA PASTA & MARINARA SAUCE 巴马吉亚纳鸡肉意大利面和大蒜酱	2 PCS HOMEMADE CORN DOGS
ASIAN	NON SPICY TOMYAM CHICKEN PIECES & RICE 不辣东炎鸡块和米饭	CHICKEN KATSU JAPANESE CURRY 日式咖喱鸡排	GARLIC FRIED RICE POKE BOWL with CRISPY PERCH FISH (contains egg) 蒜香炒饭戳碗配脆鲈鱼(含鸡蛋)	CRISPY CHICKEN CHOP (with Oriental gravy) & BUTTER RICE 脆皮鸡排(配东方肉汁)	MENCHIKATSU (BREADED CHICKEN PATTY) & RICE 面包鸡肉饼和米饭
EVERYTHING ELSE	RICE NOODLES with CHICKEN MINCE EGG OMELETTE 鸡碎蛋蛋卷米线	THAI BASIL MINCE CHICKEN LETTUCE WRAPS 泰式罗勒肉末鸡肉生菜卷	TOMYAM RICE NOODLES & CRISPY CHICKEN 东炎米粉和自制鸡块	3-LAYER CHICKEN SLICE & CHEESE SANDWICH 三层鸡肉火腿奶酪三明治	中肉碎烧乌冬面
	NOV 11 - MON	NOV 12 - TUES	NOV 13 - WED	NOV 14 - THUR	NOV 15 - FRI
INTERNATIONAL	NOV 11 - MON MARINARA PASTA & HOMEMADE CHICKEN NUGGETS 海鲜意大利面和自制鸡块	NOV 12 - TUES CHEESY CHICKEN HOMEMADE SAUSAGES &MARINARA PASTA	NOV 13 - WED GRILLED CHICKEN CACCIATORE MACARONI 烤鸡肉卡恰托雷通心粉	CRISPY CHICKEN HAM SLICES CHEESY	NOV 15 - FRI CHICKEN SPAGHETI BOLOGNESE, GARLIC BREAD 鸡肉意大利肉酱面、 蒜蓉面包
INTERNATIONAL	MARINARA PASTA & HOMEMADE CHICKEN NUGGETS	CHEESY CHICKEN HOMEMADE	GRILLED CHICKEN CACCIATORE MACARONI	CRISPY CHICKEN HAM SLICES CHEESY AGLIO OLIO	CHICKEN SPAGHETI BOLOGNESE, GARLIC BREAD 鸡肉意大利肉酱面、

	NOV 18 - MON	NOV 19 - TUES	NOV 20 - WED	NOV 21 - THUR	NOV 22 - FRI
INTERNATIONAL	"PIZZA CHICKEN BURGERS"	CHEESY CHICKEN ROLLS 芝士鸡肉卷	CHICKEN MINCE NACHOS & CHEESE SAUCE 鸡肉碎玉米片和莎莎酱	CHICKEN HERBED SAUSAGE, GRAVY & FRIES 鸡肉香草香肠、肉汁和薯条	HOMEMADE CHICKEN NUGGETS & CHEESY CREAMY PASTA
ASIAN	CHICKEN PATTIES STEW RICE 鸡肉饼炖饭	CHICKEN KATSU JAPANESE CURRY 日式咖喱鸡排	GRILL MISO CHICKEN RICE	BAKED CHEESY RICE & CHICKEN SLICES & MAYO SWIRL	MAPO TOFU CHICKEN RICE 麻婆豆腐鸡饭
EVERYTHING ELSE	3-LAYER CHICKEN SLICE & CHEESE SANDWICH 三层鸡肉火腿奶酪三明治	CHEESY CHICKEN HERBED SAUSAGE BREAD ROLLS 鸡肉芝士香草香肠面包卷	CHICKEN MINCE NOODLES	BBQ CHICKEN & CHEESE SANDWICH with TORTILLA CHIPS 烧烤鸡肉奶酪三明治配玉米片	GARLIC CHICKEN NOODLES
	NOV 25 - MON	NOV 26 - TUES	NOV 27 - WED	NOV 28 - THUR	NOV 29 - FRI
INTERNATIONAL	CHICKEN LASAGNE	BEEF MINCE AGLIO OLIO 牛肉碎 Aglio olio	MINI CHICKEN TACOS & BBQ SAUCE 迷你鸡肉炸玉米饼和烧烤酱	HOMEMADE HERBED SAUSAGE MACARONI & CHEESE 自制香草香肠通心粉和奶酪	CHICKEN SPAGHETI BOLOGNESE, GARLIC BREAD 鸡肉意大利肉酱面、 蒜蓉面包
ASIAN	CHICKEN TERIYAKI RICE 照烧鸡肉饭	CHICKEN KATSU JAPANESE CURRY 日式咖喱鸡排	OYAKODON (Chicken & Egg Rice) OYAKODON(鸡肉鸡蛋饭)	TOMYAM CHICKEN POKE BOWL (Contains Egg)	NON SPICY CHICKEN KURMA & RICE不辣鸡肉和米饭
EVERYTHING ELSE	CHICKEN MINCE RICE NOODLES	LENTIL & TUNA SALAD LETTUCE WRAP	TOMYAM RICE NOODLES & HOMEMADE CHICKEN NUGGETS 东炎米粉和自制鸡块	CRISPY CHICKEN CHEESE SANDWICH & TORTILLA CHIPS 脆皮鸡肉奶酪三明治和玉米片	CHEESY CHICKEN MINCE BURRITO WRAP (Contains vegetables)
	DEC 2 - MON	DEC 3 - TUES	DEC 4 - WED	DEC 5 - THUR	DEC 6 - FRI
INTERNATIONAL	ROSTI BOLOGNESE PIE	MEATBALL MINESTRONE PASTA	TORTILLA CHEESY CHICKEN HAM WRAP	CHICKEN FAJITA PASTA 鸡肉法吉塔意大利面	CAPRESE PASTA SALAD (Lots of vegetables)
ASIAN	CHICKEN POTATO STEW RICE	CHICKEN KATSU JAPANESE CURRY 日式咖喱鸡排	KIMCHI CHICKEN POKE RICE BOWL	CHICKEN POTATO CURRY RICE	CHICKEN SLICE & SAUSAGE FRIED RICE 鸡片香肠炒饭
EVERYTHING ELSE	PULL CHICKEN SANDWICH & FRIES 拉鸡三明治和薯条	STIR FRY NOODLES, CRISPY CHICKEN, 炒面、脆皮鸡、	EGG & MAYO SANDWICH	NON SPICY THAI NOODLES, SATAY CHICKEN 不辣泰式面条、 沙爹鸡	CRUNCHY TUNA WRAP 松脆金枪鱼卷

	DEC 9 - MON	DEC 10 - TUES	DEC 11 - WED	DEC 12 - THUR	DEC 13 - FRI
INTERNATIONAL	BAKED CHEESY CHICKEN IN CREAMY PASTA	CRISPY CHICKEN BURRITO WRAP (contains vegetables & flavoured rice)	SLOW COOKER CHICKEN CHEESE PASTA 慢炖锅鸡肉奶酪意大利面	CHICKEN BOLOGNESE SPAGHETTI	EARLY DISMISSAL
ASIAN	CHICKEN TERIYAKI RICE 照烧鸡肉饭	CHICKEN KATSU JAPANESE CURRY 日式咖喱鸡排	MAPO TOFU CHICKEN RICE 麻婆豆腐鸡饭	CHICKEN POTATO & RICE鸡肉土豆米饭	ENJOY YOUR HOLIDAYS
EVERYTHING ELSE	STIR FRY NOODLES & GRILL CHICKEN 炒面烤鸡	JAPANESE CURRY BEEF MINCE, STIR FRY UDON 日式咖喱牛肉碎炒乌冬面	TUNA SALAD LETTUCE WRAP	CHICKEN & CHICKPEA SHAWARMA "SANDWICH" WRAP	

To Order:

- 1. Oor ✓ your meal choice.
- 2. Send your orders via WhatsApp 016 557 3039
- 3. Please let us know of your child's food allergies (if any).

For Payment:

- 1. Preferably Online Transfer to Yolanda George, Account #: **706 5899 152 (CIMB)**
- 2. Please reflect your Child's Name & Class in the payment reference.
- 3. Orders will only be CONFIRMED WHEN PAYMENT RECEIPT HAS

Cancellation/Meal Changes or Transfer Orders:

- 1. Please inform us 1 day ahead or latest by 8am on the day itself.
- 2. Please call 016 557 3039 directly to avoid oversight.
- 3. Any cancellations after 8am on the day itself, meals will not be refunded.

RM14 x(# Of Days) x(# of S	Sets) = RM
Name of Student:	Class:
Name of Student:	Class:
Parents' Mobile:	